



Friends of los Peñasquitos Canyon Preserve

October – December 2018

Volunteer Projects

Friends' Restoration Projects in Black Mountain Open Space Park

Sun., Oct. 14, 1 – 4 p.m. Cactus Harvesting time. Help us gather Prickly pear pads for future planting in restoration sites. Email Mike at kelly.mike8388@gmail.com for meeting information.

Sun., Oct. 28 & Nov. 18: 1 - 4 p.m. Planting prep parties. Help prepare this season's planting sites, clearing weeds, thatch. Join us at Black Mtn. Ranch Community Park at the northeast corner, 14700 Carmel Valley Rd., Rancho Peñasquitos 92129.

Sun., Dec. 2, Jan. 6 & 20, Feb. 3 & 17: 1-4 p.m. Planting parties. Help plant natives. No experience needed. Join us at Black Mtn. Ranch Community Park at the northeast corner, 14700 Carmel Valley Rd., Rancho Peñasquitos 92129.

Ranger John's Graffiti Warriors

Sun., Oct. 14, Nov. 11, Dec. 9: 8:30 – noon. Join Ranger John Garwood for trash cleanups and other types of projects. Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

Ranger Melanie's Peñasquitos Canyon Restoration Projects

Sat., Oct. 20, Nov. 17, Dec. 15: 9 - 12. Join City Ranger Melanie Fontana in restoring wildlife habitat sites. Get on the list for the meeting place at: mfontana@sandiego.gov.

Ranger John's Environmental Projects

Sun., Oct. 28, Nov. 25, Dec. 23: 8:30 – 11:30 a.m. Join Ranger John Garwood for trash cleanups and other types of projects. Meet at the Ranger Station, 12005 Black Mtn. Rd., SD 92129.

Walks

October

Camino Ruiz Rim to the Creek

Hike w Les Braund

Sat., Oct. 13, 8 – 10 a.m.

Join naturalist Les Braund for a hike leaving from Camino Ruiz Park. Most of hike is in the shade of tall Chaparral vegetation on a switchback trail from the canyon rim down to the valley floor and stream side. See uncommon native plants such as the Summer holly shrub. Les says this is one of the most beautiful walks he's knows. Park is located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa.

History Nature Hike w Mike Kelly

Sat., Oct. 20, 9 - 11 a.m.

Join Mike Kelly for a history and nature hike in Peñasquitos Canyon. Stand on the site of the old Immigrant Road into San Diego, the site of the first Transcontinental Mail and passenger delivery, and the Kit Carson crossing from the battle of San Pasqual. Learn about the local nature as well. Meet at the kiosk near the corner of Park Village Road and Camino del Sur Rd. in Rancho Peñasquitos, 92129.

Old Lopez Road Hike

Sun., Oct. 28, 4 – 6 p.m.

Join Anthropologist Dr. Will Bowen for this hike into history. From Mira Mesa Blvd., hike down the Old Lopez Road, built by hand around 1900 by Ramon Lopez, to see Lopez Canyon and visit the site of the Lopez Dairy Farm. We'll identify plants along the way and try to open our senses to nature. Moderate hill to walk down and back up. Going west on Mira Mesa Blvd, turn right onto Pacific Heights, then right onto Pacific Mesa. Follow Pacific Mesa until it dead ends into a small cul de sac parking lot.

ARCH IN THE PARK

Archaeology for all ages!

FREE ADMISSION
Saturday Oct 20th 2018
Los Peñasquitos Adobe
Ranch House
10am-3pm

Exhibits
Traditional Craft Demos
Games & Raffles

San Diego County
Archaeological Society
www.sdacas.org | info@sdacas.org | (858) 538-0935

November

Camino Ruiz Rim to the Creek

Hike w Les Braund

Sat., Nov. 10, 8 – 10 a.m.

Join naturalist Les Braund for a new hike location, leaving from Camino Ruiz Park. Most of the hike is in the shade of tall Chaparral vegetation and follows a switchback trail from the rim of the canyon down to the valley floor and stream side. See uncommon native plants such as the Summer holly shrub and others. Les says this is one of the most beautiful walks he's knows. The park is located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa.

History Nature Hike w Mike Kelly

Sat., Nov. 17, 9 - 11 a.m.

Join Mike Kelly for a history and nature hike in Peñasquitos Canyon. Stand on the site of the old Immigrant Road into San Diego, the site of the first Transcontinental Mail and passenger delivery, and the Kit Carson crossing from the battle of San Pasqual. Learn about the local nature as well. Meet at the kiosk near the corner of Park Village Road and Camino del Sur Rd. in Rancho Peñasquitos, 92129.

Vision Quest Hike w Will Bowen

Sun., Nov. 18, 3 – 5 p.m.

Join Anthropologist Dr. Will Bowen for this Vision Quest hike to a power spot where we will explore shamanic methods that can induce trance, visions, and insights – leading to self healing and oneness with nature. Includes saging, breathing techniques, drumming, invocation, opening to energies, reading the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. West End Parking Staging Lot at 4300 Sorrento Valley Rd., San Diego.

December

Birding with all Your Senses w Jeanie Anderson

Sat., Dec. 1, meet 7:45 a.m., Hike 8-10 am.

Join Ornithologist Jeanie Anderson on a path in the canyon with many birds both visible and calling. Bring sturdy shoes, binoculars and cover-ups. Handouts and checklists will be provided. Meet at the west end of Canyonside Park Driveway, 1 block west of Black Mtn. Rd. at the Preserve sign at the beginning of the white ranch house fence. 12350 Black Mtn. Rd. Rancho Peñasquitos, 92129.

Camino Ruiz Rim to the Creek

Hike w Les Braund

Sat., Dec. 8, 8 – 10 a.m.

Join naturalist Les Braund for a new hike location, leaving from Camino Ruiz Park. Most of the hike is in the shade of tall Chaparral vegetation and follows a switch-back trail from the rim of the canyon down to the valley floor and stream side. See un-common native plants such as the Summer holly shrub and others. Les says this is one of the most beautiful walks he's knows. The park is

located at the junction of Camino Ruiz and Calle Cristobal in Mira Mesa.

History Nature Hike w Mike Kelly

Sat., Dec. 15, 9 - 11 a.m.

Join Mike Kelly for a history and nature hike in Peñasquitos Canyon. Stand on the site of the old Immigrant Road into San Diego, the site of the first Transcontinental Mail and passenger delivery, and the Kit Carson crossing from the battle of San Pasqual. Learn about the local nature as well. Meet at the kiosk near the corner of Park Village Road and Camino del Sur Rd. in Rancho Peñasquitos, 92129.



Vision Quest Hike

Sun., Dec. 16, 3 – 5 p.m.

Join Anthropologist Dr. Will Bowen for this Vision Quest hike to a power spot where we will explore shamanic methods that can induce trance, visions, and insights – leading to self healing and oneness with nature. Includes saging, breathing techniques, drumming, invocation, opening to energies, reading the book of nature, story telling, healing, and shamanic art. Bring a blanket to sit on. Meet at the West End Parking Staging Lot at 4300 Sorrento Valley Rd., San Diego.

Recurring Events

Friends of Peñasquitos Canyon Preserve Board of Directors bimonthly meeting.

Tues., Nov. 6. 7 – 8:30 p.m.

Members and other visitors are welcome to observe the meeting. Meet at the historic ranch house located on Canyonside Park Driveway off 12020 Black Mountain Rd., San Diego 92129 between Mira Mesa and Rancho Peñasquitos.

For more information about walks or events visit www.penasquitos.org or contact Mike Kelly at kelly.mike8388@gmail.com.